

Cross Country Skiing

Surf Internet Cafe, The

116 S. Water St
Sparta, WI
608-269-1939
Art Centers/Galleries, Casual Dining

Tu & Sa 9-5; W-F 9-8; Su-M Closed
Hang ten with us & enjoy a specialty coffee, espresso, chai, or smoothie while surfing the web. Full cafe menu, organic & vegetarian, fresh baked goods. Fax, copy, print & more.
WiFi access

Cross Country Skiing

Adventure Cycle and Ski

178 Center
Winona, MN
507-452-4228
Biking Sales & Repair, Snowshoeing
www.advcycle.com
M-F 9:30-7; Sa 9:30-5; Su 11-3
We are a full service bike shop located in the beautiful city of Winona. We also sell inline skate in the summer and snowboards and cross country skis in winter.
WiFi Access

Backbone State Park - IA Dept of Nat Res

1347 129th St
Dundee, IA
563-924-2527
Mountain Biking, Biking Trails, Bird Watching, Boating, Camping, Canoeing/Kayaking, Climbing, Fishing, Hiking, Horseback Riding, Hunting, Mini Golf, State Parks, Restaurants, Swimming
www.iowadnr.com/parks/state_park_list/backbone.html
8-4:30
2,000 wooded acres including lake (with a boat ramp), trout fishing, 21 miles of trails, climbing and bicycling to enjoy.

Coulee Experimental State Forest

Entrances: Cty Rd II and Russlan Coulee off Cty Rd M
Bangor, WI
608-785-9007
State Parks, Hunting, Hiking, Horseback Riding
www.dnr.wi.gov/org/land/forestry/stateforests/SF-Coulee/
3,000 acres for hunting, cross-country skiing, hiking, and horseback riding, no camping or campfires are permitted.

Goose Island Park & Campground

3 mi. S of La Crosse on Hwy 35 on Cty Rd GI
La Crosse, WI
608-785-9770
Camping, Biking Trails, Boating, Equipment Rental, Hiking, Fishing, Canoeing/Kayaking, Snowshoeing, County Parks, Bird Watching
www.lacrossecountycamping.com
Campground: Apr 15-Oct;
Park: year round
View wildlife in forest and marshland. Walking, biking or driving access to Mississippi River backwaters, canoe trail, camping.

Halfway Creek Bike Trail

300 W. Roberts; XX & OT; Main St; & Holmen Dr
Holmen, WI
608-526-2152
Biking Trails, Hiking
www.holmenwi.com
Dawn to Dusk
3.4 miles following scenic Halfway Creek with 5 bridges. Main trailhead at Halfway Creek Park. Connects to Great River Trail to the south at XX & OT & Holmen Dr. to north.

La Crosse River State Trail

111 Milwaukee St
Sparta, WI
608-269-4123
Biking Trails, Hiking, Snowmobiling
www.lacrosseriverstatetrail.org
21.5 mile trail from La Crosse to Sparta connects the Elroy-Sparta State Trail and the Great River State Trail.

Lokens Sawmill Inn & Suites

809 East Cedar
Houston, MN
507-896-7070 or 888-791-9192
Biking Trails, Bird Watching, Canoeing/Kayaking, Golf Courses, Hotel/Motel, Hunting, Snowmobiling
www.lokenssawmill.com
24 hours
New jacuzzi rooms, double queens, extended stay suites located in the bluffs. Bike the trail, walk the hills, canoe the river, watch the birds, and enjoy the Nature Center.
WiFi access

Outdoor Connection Gear Rental and Resource Center

1601 Badger St
La Crosse, WI
608-785-8860
Equipment Rentals, Biking, Canoeing/Kayaking, Disc Golf, Snowshoeing
www.uwlax.edu/recsports
Please call or visit Web site
We have everything you'll need to experience year round outdoor adventures big and small. Located in the Recreational Eagle Center on UW-L's campus. Ask about our specials.

Perrot State Park

W26247 Sullivan Rd
Trempealeau, WI
608-534-6409
Camping, Hiking, Fishing, Swimming, Snowshoeing, State Parks, Canoeing/Kayaking
www.dnr.state.wi.us/org/land/parks
500-foot river bluffs, camping, hiking, canoeing, cross-country skiing, and access to the Great River State Trail. Limited boat access to Mississippi River.

Three Rivers Outdoors

400 Main St
La Crosse, WI
608-793-1470
Camping, Canoeing/Kayaking, Canoe/Kayak Sales, Climbing, Downhill Skiing/Snowboarding, Equipment Rentals, Hiking
www.threeriversoutdoors.com
M, Tu, Sa 10-5; W-F 10-7; Su 11-4

Upper Mississippi River National Fish & Wildlife Refuge

Winona Off. - Pools 4, 5, 5A & 6
Winona, MN
507-454-7351
Bird Watching, Camping, Hiking, Hunting, Refuge, Fishing, Boating
www.fws.gov/midwest/UpperMississippiRiver/
Bird watching year round. Boat & canoe access from landings. Children's fishing events throughout the year. Special regulations apply for hunting. Visit web site for details.

Upper Mississippi River National Fish & Wildlife Refuge

McGregor Off. - Pools 9, 10, & 11
McGregor, IA
507-454-7351
Bird Watching, Camping, Hiking, Hunting, Refuge, Fishing, Boating
www.fws.gov/midwest/UpperMississippiRiver/
Bird watching year round. Boat & canoe access from landings. Children's fishing events throughout the year. Special regulations apply for hunting. Visit web site for details.

Upper Mississippi River National Fish & Wildlife Refuge

La Crosse Office - Pools 7 & 8
Onalaska, WI
608-783-8405
Bird Watching, Camping, Hiking, Hunting, Fishing, Boating, Biking Trails, Shopping-Gifts/Collectibles, Refuge
www.midwest.fws.gov/UpperMississippiRiver/
M-F 7:30-4
200,000 acres on the Upper Mississippi: 265 bird species, mammals, canoe trails, observation points, and Great River State Trail biking.



© Explore Minnesota Tourism - Skiing on Root River Trail near Laneshboro

Veteran's Memorial Park & Campground

N4668 Cty Rd VP, off Hwy 16,
9 mi east of La Crosse
La Crosse, WI
608-785-9770
*Camping, Canoeing/Kayaking,
Fishing, Biking Trails, Hiking,
Snowshoeing, County Parks*
www.lacrossecountycamping.com
Campground Apr 15-Oct 15;
Park year round
Well-groomed, clean atmosphere
for camping on the La Crosse River
and the La Crosse River State Bike
Trail. No Reservations

Wildcat Mountain State Park

E13660 State Hwy 33
Ontario, WI
608-337-4775
*State Parks, Hiking,
Canoeing/Kayaking, Camping,
Snowshoeing, Horseback Riding*
www.dnr.state.wi.us/org/land/parks/specific/wildcat/
Hiking and horse trails with spec-
tacular views. Camping for families
and groups. Separate horse camp.
Canoeing on the Kickapoo River.

Yellow River State Forest

729 State Forest Rd
Harpers Ferry, IA
563-586-2254
*Camping, Hiking, Mountain Biking,
Biking Trails, Fishing, Horseback
Riding, Snowmobiling, Hunting,
State Parks*
www.iowadnr.com/forestry/yel-lowriver.html
8,500 acres open to hunting (except
for campgrounds), hiking and cross
country skiing, hiking trails and
cross country ski trails. Equestrian
trails, mountain bike trails.

Disc Golf

Coaches Corner Sports

500 N Holmen Dr
Holmen, WI
608-5263400
Shopping, Swimming
M 3-7; Tu-Th 10-7; F 10-6; Sa 9-2
Screen printing to embroidery.
Sports equipment to golf balls.
Swim suits to Wisconsin apparel.

Equipment Rentals

Justin Trails Resort

7452 Kathryn Ave
Sparta, WI
800-488-4521 or 608-269-4522
Bed & Breakfasts, Hiking
www.justintrails.com
Peaceful, quiet valley surround 200
acre resort including log cabins
and suites with whirlpools & fire-
places and trails for outdoor recre-
ation for overnight or day activities.
WiFi Access

Outdoor Connection Gear Rental and Resource Center

1601 Badger St
La Crosse, WI
608-785-8860
*Biking, Canoeing/Kayaking, Cross
Country Skiing, Equipment
Rentals, Snowshoeing*
www.uwlax.edu/recsports
Please call or visit web site
We have everything you'll need to
experience year round outdoor
adventures big and small. Located in
the Recreational Eagle Center on UW-
L's campus. Ask about our specials.

Pettibone Disc Golf Course

Across River on Cass St/Hwy 14/61
Park is on the Right
La Crosse, WI
608-789-7533
www.cityoflacrosse.org
7a-11p year round
This 18-hole course is open free to
the public. Disc rentals are avail-
able at the Recreation Department.

Downhill Skiing and Snowboarding

Mt. La Crosse

5549 Old Town Rd
La Crosse, WI
608-788-0044
Shopping
www.mtlacrosse.com
M-F 10-9; Sa-Su 9-9
Enjoy Mt. La Crosse's scenic ski
and snowboard area offering nine-
teen slopes and trails ranging from
beginner to expert.

Pro Skate and Snowboard/ Coalition Skate Park

215 State St
La Crosse, WI
608-782-4300
Inline/Roller Skating, Kid's Activity
www.coalitionskatepark.com
M-F 9-9; Sa 9-9; Su 12-6
La Crosse's only indoor skateboard
park! The area's best selection of
skateboards, snowboards, clothing
and equipment. Skateboard heaven!

Three Rivers Outdoors

400 Main St
La Crosse, WI
608-793-1470
*Camping, Canoeing/Kayaking,
Canoe/Kayak Sales, Climbing,
Cross Country Skiing, Equipment
Rentals, Hiking*
www.threeriversoutdoors.com
Tu, Sa 10-5; W-F 10-7; Su 11-4

Equipment Rentals

A Little Looney

110 N Grant
Houston, MN
507-896-8697
Coffee Shops, Biking Trails
www.alittlelooney.com
M-F 7-11a; Sa 8-4; Su 8-2
Come enjoy our gourmet coffee bar
featuring real fruit smoothies,
mochas, lattes, baked treats and
Gelato (Italian Ice Cream). Located
just outside Root River Trailhead Park.
WiFi Access

Blue Heron Bicycle Works

213 Main St
Onalaska, WI
608-783-7433
Biking Sales & Repair, Shopping
www.blueheronbikes.com
Tu-F 10-6; Sa 10-4
Blue Heron Bikes is a full service
shop, offering bicycle sales, repair,
rental and accessories. Get your
2008 Trail Passes here!

Bluedog Cycles

325 South Main Street
Viroqua, WI
608-637-6993
*Biking Sales & Repair,
Snowshoeing*
www.bluedogcycles.com
Tu-Sa 10-6, Shortened Winter Hours
Bluedog Cycles offers full sales ad
professional service for the family,
mountain, and road cyclist. We
also provide Maintenance Classes
and a Public Workshop.



**QUALITY,
COMFORT
& LUXURY**

*YOU choose the location.
YOU choose your options.
WE'LL build it right!*

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888-516-5073
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